

PROCEDURES EXHIBIT: 500.5A

ADMINISTRATIVE GUIDELINES FOR USE OF PHYSICAL RESTRAINT

In implementing this policy, staff members will comply with the guidelines listed below.

1. Any physical force or contact employed in the restraint or detention of a student must be reasonable and necessary under the circumstances.
2. No employee shall inflict, or cause to be inflicted, any intentional physical (or corporal) punishment upon a student.
3. Corporal punishment does not include the following:
 - a. verbal chastisement directed at a student;
 - b. reasonable requests or requirements of a student engaged in activities associated with physical education class or extracurricular athletics;
 - c. activities consistent with and included in a student's individualized education program developed under the Individuals with Disabilities Education Act;
 - d. reasonable periods of detention, not in excess of school hours, or brief periods of before-and after-school detention, in a seat, classroom or other part of a school facility.
4. If a student is physically confined and detained in a "time-out room" or some other enclosure from which the student's egress is restricted, the conditions of the confinement must meet all requirements of Iowa Code 281-103.6.
5. No employee may use any prone restraints or restraints that obstruct the airway of a student.
6. The principal or designee shall attempt to notify a student's parent or guardian on the same day the student is subjected to physical restraint, or physical confinement, or detention.
7. The student's parent or guardian must be provided a written copy of the documentation relating to physical restraint, confinement, or detention as required by law postmarked within three school days of the occurrence. Reports of physical restraint, confinement or detention will also be filed with the Director of Special Needs at the same time documentation is sent to parents/guardians.
8. While an employee may use reasonable and necessary force for the reasons outlined in this policy, it is expected that school employees, before using physical restraint or physical confinement and detention, shall receive adequate and periodic training, which shall be documented and include training relating to this policy, these guidelines, and applicable Iowa law. Training will include positive behavior interventions and supports, disciplinary alternatives to seclusion and restraint, crisis prevention and intervention, crisis de-

escalation techniques, student and staff debriefing, and the safe and effective use of physical restraint and physical confinement and detention.

9. Guidelines for implementation will be reviewed annually and updated as necessary.

Adopted 11/18/09
Reviewed 6/9/14