

Outline for Use in Completing Personal Counseling

The student and at least one parent/guardian will conference with the District's designated substance abuse professional/drug education coordinator. The conference will include, but is not limited to,

- a. education on how alcohol/drugs effect the body, mind, and other life areas of the student.
- b. signs/symptoms of drug abuse and use.
- c. informational materials (e.g., brochures, handouts) on substance abuse.

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Signature of Substance Abuse Professional

The parent/guardian attending the conference and the student shall read and review all handouts received during the conference.

This completed form is to be returned before regaining the right to again participate in the activity(ies).

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Signature of Student

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Signature of Parent/Guardian