**STUDENT “BRAG SHEET” FOR**

**COUNSELOR RECOMMENDATIONS**

**STUDENT NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

We believe that you should have a certain amount of input into the letters of recommendation that we write to colleges and universities on your behalf. Consequently, we are asking for your perceptions of your educational and personal growth.

Please respond to the following questions.

1. List five adjectives that describe something about you as a person.
2. What are your proudest accomplishments?
3. Academic?
4. Personal?
5. Please list your extracurricular activities and awards.

(Include school and community activities)

1. Are you presently employed? Yes or No

If yes, where? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Do you have any other hobbies or special interests which would help us know more about your accomplishments?
2. Are there any circumstances in your life that might have had a negative impact on your academic performance?