

**To Ames Middle School from Fort Dodge:**

3915 Mortensen Road  
Ames, Iowa 50514

Taking Hwy. 35 – heading south, take the exit 111B, US 30 towards Ames. Take the South Dakota Avenue exit, Exit 144, toward Kelley.

Turn right onto S. Dakota Avenue.

Turn right onto Mortensen Road ending at 3915.

Taking Hwy. 17 South, turn left onto Highway 30. Take the South Dakota Avenue Exit, #144 toward Kelley. Turn left onto S. Dakota Avenue. Turn right onto Mortensen Road, ending at 3915.

Track - Meets are at the high school located at 20th and Ridgewood. Take the 13th Street exit west off I-35 and continue west to Grand Ave. Turn north on Grand. Go north to 20th. Turn west on 20th to the high school.

**Ankeny - Northview Middle School - 1010 NW Prairie Ridge**

School/Football/Gym/Track - Coming in on I-35, take exit 91 which is First Street. Go west on First Street to 5th set of traffic lights. This is the intersection with NW Ash (the Ankeny water tower is right there). Go north on Ash until the intersection with NW 9th (Prairie Ridge). Turn to the west and into the school parking entrance. For football and track park the bus adjacent to the track. For indoor events let the students off at the SE building entrance and then park in the adjacent lot.

**Fort Dodge Middle School - 800 North 32nd St.**

School/Gym - Coming in from the north or south off I-35 take the Hwy. 20 East exit east to the Fort Dodge/Coalville exit. Go right (north) to 5th Ave South (4-Way Stop). Turn left and follow 5th Ave. South to North 32nd Street. Turn north (right) and you will see the middle school ahead on your left. Turn west (left) onto Dodger Drive just south of the middle school. Follow Dodger Drive and the entrance to the middle school parking lot will be on your right.

Coming in on Highway 169 from the north or south, take Business 20 East from the 169/20 intersection(Budget Host Inn) and follow it past the hospital and over the Des Moines River. Continue to follow Old 20 or 5th Ave. South to North 32nd St. Turn north (left) and you will see the middle school ahead on your left. Turn west (left) onto Dodger Drive just south of the middle school. Follow Dodger Drive and the entrance to the middle school parking lot will be on your right.

**Track/Stadium -**

From the Middle School: continue north on North 32nd Street and take the round-about. Exit the round-about going west on 10th Avenue North. Follow 10th Avenue North west past the

high school. At North 22nd Street (4 way stop) turn north/right. The stadium will be on your left. Follow N. 22nd north just past the stadium and turn west/left onto Floral Avenue. The entrance to the stadium parking lot will be on your left, just past the stadium.

### **Indianola Middle School -403 South 15th Street**

School/Football/Gym - Coming from the north on Hwy. 65/69, go to the intersection of Hwy. 92. Turn east on 92 to the 15th Street intersection (about a mile-it is the first stoplight). Turn south to the middle school. Coming from the east on 92, turn south at the 15th Street stoplight to get to the school. Coming from the west on Hwy. 92, turn south at the 15th Street stoplight to get to the school. Teams should enter the building on the east side. Bus parking is in the lot on the east side of the gym.

*Track - At Simpson College*

### **Johnston Middle School - 6207 NW 62nd Ave.**

School/Football/Gym/Track - Coming in on I-80, take the Merle Hay Road exit. Go north on Merle Hay Road into Johnston to NW 62nd Ave. turn left (west) and go about four blocks. The school is on the north side of the street. The gym is in the middle school and the football/track area is just northwest of the school.

### **MASON CITY - ROOSEVELT MIDDLE SCHOOL**

From Fort Dodge to I-35 N and stay on that until Exit 190 (US-18/IA-27S or Avenue of Saints). Travel east on that until Exit 186 (US-65/S. Federal Ave). Mason City has 3 exits off of the Avenue and this is the middle one. Travel north to 19th St SE which is the first red-green stop light. McDonalds is about a half block south of this light. Turn east or right for one block and then turn north or left for two blocks and Roosevelt Middle School is there.

### **MASON CITY - JOHN ADAMS MIDDLE SCHOOL**

From Fort Dodge to I-35 N and stay on that until Exit 190 (US-18/IA-27S or Avenue of Saints). Travel east on that until Exit 186 (US-65/S. Federal Ave). Mason City has 3 exits off of the Avenue and this is the middle one. Travel north to IA-122/4TH ST. SE and turn east or right. This is a two lane one way going east. Hardee's is about a block after you have made the turn. Stay on this until you get to Illinois Avenue. It does curve around some. Stoplight at Illinois turn north or left and John Adams is facing Illinois. High school drive is first and then John Adams.

### **Marshalltown - Anson Middle School - South Third Avenue**

School/Football/Gym - Coming in on Hwy. 30 turn north on Center Street (Hwy. 14) and follow

it to South Street or Anson Street (sixth and seventh set of stoplights). Turn east and go two blocks to Third Ave. Anson is on the east side of Third Ave.

The most convenient parking is on the north side of the school. Football should unload on the east side of the building as the football field is on that side.

Track - We use either Franklin or the high school track as specified in meet information. The high school track is about three blocks south of Anson on Third Ave. From Hwy. 30, follow Center Street to the fifth set of stoplights, which is Olive Street. Go three blocks east and use the parking lot behind the high school building. The track is to the NE. See Miller for Franklin Field.

### **Marshalltown - Miller Middle School - 125 S. 11th Street**

School/Gym - Coming in on Hwy. 30 turn north on Center Street (Hwy. 14) and follow it across the railroad viaduct. Turn west on Boone Street and go west eleven blocks to South 11th Street. The school is on the corner of S.11th and Boone. Coming in on Hwy. 330, stay on 330 (Lincolnway in Marshalltown) and follow it to South 12th Street. Turn north on S. 12th and go two blocks. You will see the backside of the school. The door to the gym is on the north side of the building. Parking is to the north also.

Football/Track - Follow the above directions to Miller and continue north to Main Street. Turn west on Main Street and go to 14th Street. This is Franklin Field.

### **Newton - Berg Middle School - 1900 N. 5th Ave. E.**

School/Football/Gym - From I-80 (exit # 168) follow Northeast Beltline Road north over Hwy. 6 and turn left on N. 4th Ave. E. Go to E. 19th Street N. and turn right. Enter the bus entrance off 19th. Coming from the north on Hwy. 14 turn on County Road T-12. Follow T-12 to Hwy. 6 and turn right. Turn right on NE Beltline to N. 4th Ave. E. then same as above.

Track - From I-80 take exit #164 and follow Hwy. 14 north to first stop light (S. 12th Ave. W.). Turn right and follow to stop sign. Turn left and go one block to S. 11th Ave. W. turn right and follow it to the stadium. From Hwy. 14 north, follow it south to the second set of lights. Turn left and follow S. 12th Ave. W. to stop sign. Then same as from I-80.

### **Southeast Polk Junior High - 8325 NE University (Hwy. 163 East)**

School/Football/Gym/Track - The school is located on the Southeast Polk High School complex, on the south side of Hwy. 163 between Des Moines and Prairie City. Coming from I-35/I-235, take the East University exit and go east on University (Hwy. 163 East) about six miles. From I-80, take exit 141 south to Hwy 163/Pleasant Hill Exit. Turn left or east on to Hwy. 163 and go about 5 miles to SEP complex. Jr. High is the first building on your right.

### **Urbandale Middle School - 7701 Aurora Avenue**

School/Gym - Coming from the south, take the Douglas exit off I-35 and travel east on Douglas

to 86th Street. Turn north and go to Aurora Ave. Turn east and follow it one half mile. The school is on the north side of the street. From I-80, take Merle Hay Exit south to Aurora Ave. (at Bob Brown Chevrolet). Turn right or west to Middle School which is west of high school.

Football/Track - This area is located three blocks east of the middle school, also on the north side of the street. Coming from the north, take the Merle Hay Road exit off I-80 and go south to Aurora. The football/track area will be on the corner of 70th and Aurora with the middle school three blocks west.

### **West Des Moines - Indian Hills Junior High - 9401 Indian Hills Drive**

School/Football/Gym - From I-235 take the 35th Street exit (#1) in West Des Moines. Follow 35th Street north to University and turn east. Turn north at 94th Court and follow it to the school.

Track - From I-235 take the 35th Street exit (#1) in West Des Moines. Follow 35th Street south to Woodland Ave. Turn right (west) on Woodland at Valley High School. The track is south of the school with parking west and north.

### **West Des Moines - Stilwell Junior High - 1601 Vine Street**

School/Gym - From I-235 take the 8th Street exit (#3) in West Des Moines. Go south to Grand and turn west. Go eight blocks west to Stilwell located on the south side of Grand. The gym is on the NE corner of the building. The bus can be parked just north of the gym.

Football/Track - Both are the same as the Indian Hills track directions unless the football game is at the stadium. Stadium directions - From I-235 take the 8th Street exit (#3) in West Des Moines. Go south across Grand two blocks. The stadium is on the east side of 8th Street.

## **NON CONFERENCE SITES:**

**BOONE** - Take Hwy. 30 to Boone. At the main intersection on Hwy 30, turn North onto Story Street. Proceed North into the downtown area. At the intersection of Story and 7th Streets, turn left (west). The Boone Middle/High School is 5 blocks ahead on the left. The United Community Gym is located about 8 miles east of Boone on Hwy 30. Franklin Elem. Gym - continue north on Story Street to 19th Street, go left (west) to Crawford Street.

### **WAUKEE MIDDLE SCHOOL/PRAIRIEVIEW - 905 Warrior Lane**

Football/Track - Take I-80 w/25s to Hickman road exit. Go west on Hickman (Hwy. 6) to Warrior Lane. Turn south (left) on Warrior Lane (Waukee State Bank). Turn left on Ashworth Road to reach the football field. School/Gym - to reach the WMS gym, cross Ashworth Road and turn left into the school parking lot. Prairieview, 8/9 Building - 655 SE University - Take \_80w/35s to University Exit West. Go west on University approximately 4 miles. After

crossing railroad tracks the school will be the first building on the right. Waukee Elementary - 400 Locust: Take I-80w/35s to Hickman Road exit. Go west on Hickman (Hwy 6) to 4th Street (second stoplight after McDonalds) and take a left. Go to stop sign and take a right and then take the first left to arrive at the front of the building.

## **WEBSTER CITY**

To football field & track use the following directions:

- A. Enter Webster City from old Hwy #20, turn right/South on Fair Ave. which will take you to the football field & track
  
- B. Enter Webster City from new Hwy #20, turn left/North on Hwy #17/Superior Street...turn left/West on Ohio Street (at Kum & Go), go past hospital & cemetery, turn right/North on Beach Street, turn left/West on Bank Street, which will take you to the football field & track

To middle school for volleyball, basketball, & wrestling:

- A. Enter Webster City from old Hwy #20/2nd Street, turn right/South on Des Moines Street (for 4 blocks), Middle School will be on right hand side of street
  
- C. Enter Webster City from new Hwy #20, turn left/North on Hwy #17/Superior Street...turn left/West on Ohio Street (at Kum & Go), turn right/North on Des Moines Street (for 5 blocks), Middle School will be on left hand side of street.